

competitive team center:

| 5601 douglas avenue
des moines, ia 50310
1.800.338.0231
www.actionaccents.com

retail store (fashion):

| 906 42nd street
des moines, ia 50311
1.515.279.2911



**in-stock
swimwear**



NEW! cyber swirl

Available through June 2011

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Flyback (8199005/8199006) Sizes Youth 6/22-12/28, Adult 26-40	\$63.00	\$51.75	\$49.16
Male Jammer (8059004/8059005) Sizes 22-38	\$44.00	\$32.25	\$30.64

Colors: blue (004), red (006), gold (007), green (003)
FABRIC CONTENT // 74% Nylon/26% Xtra Life Lycra®



NEW! digital evolution

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Axcel Back (8199017/8199018) Sizes Youth 6/22-12/28, Adult 26-40	\$60.00	\$45.00	\$42.75
Male Jammer (8059010/8059011) Sizes 22-38	\$45.00	\$34.50	\$32.77

Colors: blue (004), green (003), purple (005), navy/rd/white (395)
FABRIC CONTENT // 50% POLYESTER/50% PBT

****endurance fabric...long lasting...great price!**



NEW! solar bliss



	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Proback (8199047/8199048) Sizes Youth 6/22-12/28, Adult 26-40	\$60.00	\$41.25	\$39.18
Male Jammer (8059047/8059048) Sizes 22-38	\$44.00	\$32.25	\$30.64

Colors: blue (004), green (003)
FABRIC CONTENT // 74% Nylon/26% Xtra Life Lycra®



NEW! light trail

Available through June 2011

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Proback (8199000/8199001) Sizes Youth 6/22-12/28, Adult 26-40	\$63.00	\$51.75	\$49.16
Male Jammer (8059000/8059001) Sizes 22-38	\$44.00	\$32.25	\$30.64

Colors: blue (004), red (006), green (003), purple (005), orange (076)
FABRIC CONTENT // 74% Nylon/26% Xtra Life Lycra®



shining star

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Flyback (8190202/8190203) Sizes Youth 6/22-12/28, Adult 26-40	\$63.00	\$51.75	\$49.16
Male Jammer (8050081/8050082) Sizes 22-38	\$44.00	\$32.25	\$30.64

Colors: blue (004), red (006), black/white(019)
FABRIC CONTENT // 74% Nylon/26% Xtra Life Lycra®



host a meet?
earn some money.

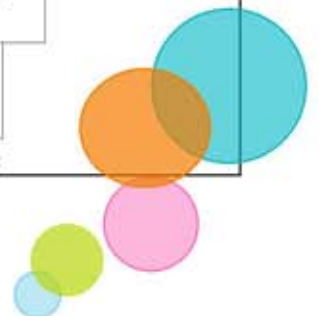


CALL TODAY!

solids

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female SuperPro (819001/819002) Sizes Youth 6/22-12/28, Adult 26-42	\$55.00	\$42.00	\$39.90
Female Flyback (819005/819006) Sizes Youth 6/22-12/28, Adult 26-42	\$55.00	\$42.00	\$39.90
Male Jammer (825763/825764) Sizes 22-38	\$36.00	\$27.75	\$26.36
Brief (72800/70800) Sizes 22-38	\$32.00	\$23.25	\$22.09

Colors: navy blue (041), black (001), royal (043)
FABRIC CONTENT // 74% Nylon/26% Xtra Life Lycra®



speedo

aquablade

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Recordbreaker (719039/719040) Sizes 20-38	\$80.00	\$63.00	\$59.85
Male Jammer (705965/705966) Sizes 22-38	\$69.00	\$52.50	\$49.88
Male Brief (705031/705032) Sizes 22-38	\$46.00	\$33.00	\$31.35

Colors: navy blue (041), black (001), royal (043)
FABRIC CONTENT // 80% Polyester/20% Lycra® Spandex



speedo

LZR ELITE

fully bonded construction

	<u>MSRP</u>	<u>TEAM</u>
Female Sizes Avail: 24, 25, 25L, 26, 26L, 27, 27L, 28, 28L, 29)		
Recordbreaker	\$270	\$202.50
Rcdbreaker Knee	\$375	\$281.25
Male Sizes Avail: 24—32		
Jammer	\$260	\$195.00

Colors: black (001)



FINA approved



speedo

FS PRO

	<u>MSRP</u>	<u>TEAM</u>
Female Sizes Avail: 24, 25, 25L, 26, 26L, 27, 27L, 28, 28L, 29)		
Recordbreaker	\$190	\$143
Rcdbreaker Knee	\$260	\$195
Male Sizes Avail: 24—34		
Jammer	\$180	\$135

Colors: black (001)



speedo

FSII

	<u>MSRP</u>	<u>12+</u>
Female Recordbreaker (7190142/7190141) Sizes 20-36	\$170.00	\$128.00
Male Jammer (7050154/7050153) Sizes 22-36	\$150.00	\$112.50
Male Brief (7055001) Sizes 22-36	\$52.00	\$39.00

Colors: black (001), navy (041)
FABRIC CONTENT // 74% Polyester / 26% Lycra® Spandex



Action Accents swim.

we've got what swimmers want. call 800.338.0231



2010 PERFORMANCE.

NEW! twilight zone



Available through June 2011

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female DiMaxback (DIZO1) Sizes 22-40	\$61.00	\$44.00	\$41.80
Male Jammer (STZO1) Sizes 22-38	\$44.00	\$30.75	\$29.21

Colors: blue (420), green (310), purple (510), red (610)
FABRIC CONTENT // 80% Nylon/20% Lycra® Spandex



NEW! freeze frame



Available through June 2011

	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Diamondback (DFFR1) Sizes 22-40	\$65.00	\$51.00	\$48.45
Male Jammer (SFFR1) Sizes 22-38	\$44.00	\$30.75	\$29.21

Colors: blue (420), green (310), purple (510), red (610)
FABRIC CONTENT // 80% Nylon/20% Lycra®



solids



	<u>MSRP</u>	<u>12+</u>	<u>Sponsor \$</u>
Female Diamondback (DSOL1) Sizes 22-40	\$54.00	\$41.00	\$38.95
Female Maxback (MSO1) Sizes 22-40	\$54.00	\$41.00	\$38.95
Male Jammer (RJAM1) Sizes 22-38	\$36.00	\$25.50	\$24.23
Male Racer (RSO1) ...black only Sizes 22-38	\$30.00	\$21.00	\$19.95

Colors: black (001), navy (401), royal (425)
FABRIC CONTENT // 80% Nylon/20% Lycra®



nero							
	MSRP	12+	Sponsor \$				
Female Maxback (MNER1) Sizes 22-40	\$61.00	\$44.00	\$41.80				
Male Jammer (SNER1) Sizes 22-38	\$44.00	\$30.75	\$29.21				
Colors: blue (420), green (310), red (610), orange(810) FABRIC CONTENT // 80% Nylon/20% Lycra®							

poseidon							
	MSRP	12+	Sponsor \$				
Female Diamondback (DPOS1) Sizes 22-40	\$63.00	\$45.75	\$43.46				
Male Jammer (SPOS1) Sizes 22-38	\$44.00	\$30.75	\$29.21				
Colors: blue (420), green (310), red (610), gold (710) FABRIC CONTENT // 80% Nylon/20% Lycra®							

neptune							
	MSRP	12+	Sponsor \$				
Female Maxback (MNEP1) Sizes 22-40	\$65.00	\$51.00	\$48.45				
Male Jammer (SNEP1) Sizes 22-38	\$44.00	\$30.75	\$29.21				
Colors: blue (420), green (310), red (610), purple (510) FABRIC CONTENT // 80% Nylon/20% Lycra®							

marinus					
	MSRP	12+	Sponsor \$		
Female Diamondback (DMAR1) Sizes 22-40	\$63.00	\$49.50	\$47.02		
Male Alliance Jammer (SAL1) Sizes 22-38	\$39.00	\$31.50	\$29.92		
Colors: blue (420), green (310) FABRIC CONTENT // 80% Nylon/20% Lycra®					

typhoon








	MSRP	12+
Female Butterfly Back (9834) Sizes 24-40	\$40.00	\$30.00
Male Jammer (1668) Sizes 22-38	\$30.00	\$22.50

Colors: blue, green, purple, red
FABRIC CONTENT // 80% Nylon/20% Lycra®



TRACER SERIES





B-SERIES

	MSRP	12+
B-SERIES		
Short John Sizes Avail: 22-30	\$290	\$215
Aeroback Sizes Avail: 24-30	\$230	\$180
Jammer Colors: black (001)	\$210	\$165

B Series: No sewing or threads means greater drag reduction and a smooth, flawless finish. Each connecting seam is fused using **HB (high-bond) micro-tape** to weld fabric together ultrasonically.

	MSRP	12+
C-SERIES		
Short John Sizes Avail: 24-28	\$337	\$281
Aeroback Sizes Avail: 24-28	\$265	\$202
Jammer Colors: black (001)	\$235	\$195

C Series: Compressing large muscle groups aids in the reduction of muscle fatigue and strain. The consistent, even firmness supports muscles efficiently without reducing movement so no energy in motion is wasted.



C-SERIES



TRACER LIGHT™





	MSRP	12+
Female Sizes Avail: 24, 25, 25L, 26, 26L, 27, 27L, 28, 28L, 29, 30, 32		
Aeroback Short John	\$220	\$165
Sizes Avail: 22-34 Aeroback	\$170	\$127.50
Male Sizes Avail: 24-32		
Jammer	\$140	\$105
Racer	\$80	\$60

Colors: black (001), navy (401)





neroTX



	MSRP	TEAM	SIZE	24	26	28	30
FEMALE NeroTX Kneeskin Sizes 24-30	\$300	\$232	Men's Weight Men's Height	125-160 5'4"-5'9"	155-190 5'6"-5'11"	180-205 5'10"-6'4"	195-225 6'+
MALE NeroTX Jammer Sizes 24-30	\$200	\$157	Women's Weight Women's Height	115-145 5'3"-5'7"	130-155 5'5"-5'9"	145-165 5'7"-5'11"	150+ 5'8"+




Action Accents 2010 swim. equipment, caps & logo prices

training fins.

	Speedo Optimus Training Fin xxs, xs, s, m, l, xl, xxl #7530006 \$30.00 / \$23.00 6+	WaterGear Tanga Fin 1-3, 3-5, 5-7, 7-9, 9-11, 11-13 #41200 \$30.00 / \$19.95 6+	
	Speedo Rubber Swim Fin xxs, xs, s, m, l, xl, xxl #7530039 \$29.00 / \$22.00 6+	Zoomer Fin (red) C, D, E, F, G, H \$38.00 / \$28.50 6+	
	Speedo Breaststroke Fin xxs, xs, s, m, l #7530226 \$49.00 / \$37.50 6+	 Z2 Fin \$38.00 / \$28.50 6+	
	Speedo Speed Training Fin s, m, l, xl #7530259 \$39.00 / \$30.00 6+	TYR Split Fins xxs, xs, s, m, l, xl, xxl, xxxl #LFSPLIT \$40.00 / \$29.00 6+	
	Speedo Biofuse Fin #7530322 \$34.99 / \$26.00 6+	TYR Crossblade Fin Yl, Yxl, xxs, xs, s, m, l, xl #LFCROSS \$29.00 / \$21.75 6+	
	Speedo NeoFin Sock #7530167 \$15.00 / \$11.25 6+	TYR Fin Boot \$15.00 / \$11.25 6+	

paddles.

	Strokemaker Paddles xs, s, m, l, xl \$20.00 / \$15.75 6+	TYR Mentor Paddle #LMENTOR \$20.00 / \$15.00 6+	
	TYR Catalyst Paddle xxs, xs, s, m, l, xl, xxl #LVC \$17.50 / \$13.00 6+	Speedo Hydrosity Paddle #7530326 \$20.00 / \$15.00 6+	
	TYR Catch Paddle #LCATCH \$15.00 / \$11.50 6+	Bolster Paddle one-size \$29.95 / \$22.00 6+	
		SPEEDO AQUABEAT #7410061 \$144.00 each -waterproof MP3 player—1GB—2 colors	

equipment.

	Swimmer's Snorkel \$39.95 / \$30.00 6+	TYR Streamline Kickboard #LKSTR \$19.00 / \$13.50 6+	
	Freestyle Snorkel \$34.50 / \$26.50 6+	TYR Pull Float #LPF \$11.00 / \$8.50 6+	
	Finis Tempo Trainer \$39.00 / \$29.50 6+	Speedo Competition II Kickboard #7530308 \$19.00 / \$14.25 6+	
	Finis Alignment Kickboard \$19.00 / \$14.95 6+	Speedo Pull Buoy #753252 \$11.50 / \$8.50 6+	
	WaterGear Pull Float #67250 \$8.50 / \$6.25 6+	Mesh Equipment Bag 18" x 30" \$9.50 / \$7.00 6+	
	TYR Z-100 Stopwatch \$52.00 / \$39.50 4+		



lycra

female	\$35.00 each	2	\$65.00	12+	\$28.00 each
jammer	\$24.00 each	2	\$42.00	12+	\$18.00 each
brief	\$16.00 each	2	\$27.00	12+	\$11.00 each

practice suits.

polyester

Female	\$45.00 each	12+	\$33.00 each
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You pick the size. We pick the rest.

your **LOGO** on stuff...

custom printed swimwear.

- **NEW!!!** Same pricing for any quantity...no penalties for reorders or late registrants.
- All silk-screen logos. No heat transfers.
- Fast, 7-day turnaround + shipping time
- May use different size logo for male & female swimwear

√ Location Options for Logo's:

FEMALE	Center Chest
	Rear Cheek
	Front Hip
JAMMER	Front Leg
	Rear Cheek
BRIEF	Rear Cheek

1-color logo	\$5.25 each
2-color logo	\$5.75 each

ONE-TIME, NEW ART CHARGES

\$60.00	one-color, per location
\$75.00	two-color, per location
\$35.00	rush charge (less than 7 day production)

embroidery charges.

based on 7,000 stitches

Quantity	Price	+7,000 sts
1-5	\$14.00	+ \$1.50*
6-11	\$11.50	+ \$1.25*
12-23	\$9.00	+ \$.95*
24-35	\$6.15	+ \$.75*
36-47	\$5.50	+ \$.55*

*per 1,000 stitches

Monogram Names/#'s \$8.00 each

- Fast, 10-day turnaround + shipping time
- Rush charge available - \$35.00
- Digitizing fees will apply to all artwork beyond basic letter styles

custom printed swim caps.



4-6 week delivery

	48-pc.	100-pc.	250 pc.
<u>Latex</u>			
1-color	\$3.00	\$2.75	\$2.25
2-color	\$3.60	\$3.25	\$2.75
<u>Silicone</u>	25-pc.	100-pc.	200-pc.
1-color	\$8.75	\$7.95	\$6.75
2-color	\$10.95	\$10.00	\$9.25

Personalized

2-cap minimum per name \$3.00 each

Manufacturer's Logo on Cap (per your sponsorship)

\$\$.50 each

Rush Charge

2-3 week delivery

\$75.00

swim parkas.

no minimums. no returns. no rush delivery.

\$120.00 each | \$85.00 / 6+

- Sizes adult xs - xlg
- 8-week delivery
- **October 15th—Christmas deadline**

Shipping Rates \$18.00, 1st parka
\$4.00, each additional

Knee length, lined hood with drawstring, zipper front, set-in long sleeves with hidden knit cuffs, two-front slash pockets, artic fleece lining, waterproof oxford nylon shell.

Monogramming	\$8.00 each
Size 2-XL	\$5.00
Tackle Twill Letters	\$2.25 2" one-color
	\$2.50 3" one-color
	\$2.75 4" one-color